



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AWESOME CAMPS FOR AWESOME KIDS

Summer Camp Guide 2020
HAL WELSH EAST AREA FAMILY YMCA



HAL WELSH EAST AREA FAMILY YMCA / 2020 SUMMER CAMP GUIDE

	CAMP	DAYS	BEFORE & AFTER CARE	AGES														
				3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
FULL-DAY	LIT	M-Th	No												X	X		
	Junior CITs	M-F	No										X	X				
	Arts Camp - Indoors	M-F	Yes				X	X	X	X	X	X	X					
	Arts Camp - Outdoors	M-F	Yes*				X	X	X	X	X	X	X					
	Teen Arts Camp - Outdoors	M-F	Yes								X	X	X	X	X			
	Teen Arts Camp - Indoors	M-F	Yes										X	X	X	X		
	Fitness Camp	M-F	Yes								X	X	X	X	X	X		
	Kids Camp	M-F	Yes			X	X	X	X									
	Sports Camp	M-F	Yes						X	X	X	X	X	X				
	Green Lakes Camp	M-F	Yes				X	X	X	X	X	X	X					
	Before Care	M-F	Yes		X	X	X	X	X	X	X	X	X					
	After Care	M-F	Yes		X	X	X	X	X	X	X	X	X					
	Mini Explorers at DeWitt	M-F	No	X	X	X												
HALF-DAY	Mini Artists & Athletes	M-Th	No	X	X	X	X											
	Mini Artists	M-Th	No	X	X	X	X											
	Arts Camp at SQHAP	M-F	No				X	X	X	X	X	X	X	X	X	X		
	Teen Camp	M-F	No							X	X	X	X	X	X	X		
	Functional Athletics	M-Th	No						X	X	X	X	X	X				
	Tennis Camp - Manlius	M-Th	No			X	X	X	X	X	X	X	X	X	X	X	X	X
	Dance Camp - Manlius	M-Th	No	X	X	X	X	X										

* at Camp Iroquois - No Transportation

Contact Information

Teen Camps & Leadership Programs
637-2025 ext. 230

Tennis Camps (Manlius Y)
692-4777 ext.206

Art Camps (East Area Y & Dance)
637-2025 ext. 216

Mini Explorers (Dewitt Community Church)
466-3408

Sports Camp
637-2025 ext.232

Kids Camp & Green Lakes Camp
637-2025 ext.231

Inclusion Support
637-2025 ext.211

Camp Dates

June 29th- September 4th

*Note: Some camps only run specific weeks of summer- see inside for more details

Full-Day Camp: 9:00am-4:00pm

Half-Day Camp: 9:00am-12:00pm

Extended Care Options available:

AM Care \$25/Week: 7:00am-9:00am

PM Care \$25/Week: 4:00pm-6:00pm



AT THE Y, STRENGTHENING COMMUNITY IS OUR CAUSE.

**Registration Begins
January 15, 2020**

Mission

To put Christian Principles into practice through programs that build healthy spirit, mind and body for all.

Character Development

Like all Y youth programming, activities at summer camp promote the values of Honesty, Respect, Responsibility and Caring. It is the goal of the camp staff to foster and recognize these values throughout the camping experience.

Volunteer Opportunities

There are opportunities in each Y camp for volunteers who have a desire to work with youth in a group setting. The Y focuses on developing and enhancing valuable leadership traits in a fun, safe and value-oriented environment. Interactive training, team building activities, and hands-on learning experiences will foster the skills necessary for serving youth in a positive work setting. Please visit our member service desk for application details. 315.637.2025, x0.

Camp Staff

Camp counselors are enthusiastic individuals who are committed to providing a safe, diverse, and fun program for all campers. We screen, interview, and select all camp staff based on their ability to work effectively with children. Before the start of camp all staff undergo trainings which include: camp policies and procedures, emergency and safety regulations, child abuse prevention, behavior management and creative age-appropriate programming. At least one CPR, Responding to Emergencies (full-day camps) and First Aid certified staff is with each camp at all times.



Inclusion Support Services

Through our partnership with AccessCNY the Y is able to provide an inclusive summer camp experience to children of all abilities. Support counselors are available for all summer camp programs to individuals who qualify.* Support counselors are limited and available on a first come first serve basis. Each child who qualifies can receive 2 weeks of support.

*To be eligible for services through the Y an individual must have qualifying documentation through the Office for People with Developmental Disabilities (OPWDD) and meet our grant guidelines.

**Please contact Laura Mangano-Smith
637-2025 x211 lmsmith@ymcacny.org**

Accreditation

Onondaga County Health Department
Division of Environmental Health
John H. Mulroy Civic Center 12th Floor
421 Montgomery Street
Syracuse, NY 13202
Telephone: (315) 435-6617

LEADERSHIP PROGRAMS

LEADERSHIP IN TRAINING (LIT)

AGES 14-15

Monday-Thursday

9:00am-4:00pm

Session 1: June 29th-July 10th

Session 2: July 13th-July 24th

Session 3: August 3rd-August 14th

Session 4: August 17th-28th

- \$20 Administration Fee/Session
- \$125 Member/Session
- \$145 Youth Member/Session
- \$165 Non-Member/Session

The LIT program is designed to develop and strengthen the leadership and self-awareness skills of teens.

Through leadership development trainings, team building, values activities, and volunteer work, teens will leave the two week program feeling more confident and prepared for future job opportunities.

JUNIOR COUNSELOR IN TRAINING

AGES 12-13

Monday-Friday

9:00am-4:00pm

- \$20 Administration Fee/Week
- \$100 Member/Week
- \$120 Youth Member/Week
- \$140 Non-Member/Week

The YMCA Junior CIT program is a supervised leadership development program that allows teen to develop their leadership skills by assisting with various summer camps, and learning more about what it means to work as a group to accomplish tasks as a team. The programs request a commitment of at least 3 weeks throughout the summer to ensure desired skills are learned and practiced.

FITNESS CAMP FOR TEENS

AGES 10-15

Monday-Friday

9:00am-4:00pm

Week 3: July 13th-July 17th

Week 5: July 27th-July 31st

Week 7: August 10th-August 14th

Week 9: August 24th-28th

- \$20 Administration Fee/Week
- \$195 Member/Week
- \$215 Youth Member/Week
- \$235 Non-Member/Week

Spend your summer learning healthy habits and gaining new skills in the world of health and wellness. This full day camp will include daily high intensity and low intensity workouts, cooking great food, learn about the best ways to fuel their body and have fun each day!

TEEN CAMPS

AGES 10-15

HALF DAY

Monday-Friday

9:00am-12:00pm

June 29th-August 28th

- \$20 Administration Fee/Week
- \$145 Member/Week
- \$165 Youth Member/Week
- \$200 Non-Member/Week

Are you looking for something to do this summer? Half day Teen Camp would be a great option. We will be providing 9 weeks of half day camps from 9am to 12pm. Each week is themed differently for everyone's interests. They will range from Cooking Creations Camp, STEM Camp, Babysitting Camp, and many more. Please check out our website for the dates and themes. We look forward to seeing you in our Teen Camp!

ARTS CAMPS (HALF DAY)

MINI-ARTISTS & ATHLETES

Week 0 (June 22 - June 26) and

Week 9 (Aug 24-28)

9:00am-12:00pm @ East Area Y, Ages 3-5

Let your "mini-artist" explore a variety of materials, processes and tools in the Art Studio and then get athletic in the gym with age-appropriate sports and games. Camp focuses on building motor and social skills while getting creative and active!

- \$20 Administration Fee/Week
- \$102 Members/Week
- \$122 Youth Members/Week
- \$142 Non-Members/Week

DANCE CAMP

Weeks 2, 3, 4, and 5

July 6-9, July 13-16, July 20-23, July 27-30 @

Manlius Y (Ages 4-7) M-Th

Perfect for little ones who love to express themselves! Your child will be active while learning the foundations of multiple dance forms.

- \$20 Administration Fee/Week
- \$115 Members/Week
- \$131 Youth Members/Week
- \$142 Non-Members/Week



HALF-DAY ART CAMP

@ Stone Quarry Hill Art Park

Weeks 3, 4, 5, and 6

(Age 6-14) July 13-17, July 20-24, July 27-30,
Aug 3-7, 9:00am-12:00pm @SQHAP

Stone Quarry Hill Art Park has 104 acres, 4 miles of hiking trails, and is in one of the first outdoor sculpture parks in this country. In partnership with The Art Park our unique camp includes formal art instruction inspired by its sculptures and natural surroundings. We offer a creative mix of arts media, free art play, collaborative projects and exploration of nature.

- \$20 Administration Fee/Week
- \$125 Family & Art Park Members/Week
- \$145 Youth Members/Week
- \$165 Non-member/Week

ARTS CAMPS (FULL DAY)

All Full Day Art Camps:

- \$20 Administration Fee/Week
- \$210 Members/Week
- \$230 Youth Members/Week
- \$250 Non-Members/Week

INDOOR ART CAMP @ East Area Y

Ages 6-12, Weeks 1-8

Your budding artist will blossom in the Art Studio this summer! Camps are designed to cover a breadth of materials while building creative thinking, fine motor and social skills. Swim time and outdoor time daily when possible. Different themes and projects each week.

OUTDOOR ART CAMP @ Camp Iroquois

Ages 6-12, Weeks 9-10

Let your young artist enjoy the best of both worlds – A traditional camp experience including activities like boating, swimming, and rock climbing while also getting immersed in the arts. A variety of artistic mediums and processes will be explored.

TEEN ART SPECIALTY CAMPS

Ages 10-16

Weekly topics include Photography and Ceramics. Students will spend at least half of their day immersed in the medium of the week, and the rest of their time on general art projects and camp activities.

Week 4: Photography (Indoor @ East)

Week 5: Ceramics and Wheel Throwing (Indoor @ East)

Week 9: Photography (Outdoor @ Iroquois)

SPORTS CAMP

(Ages 8-13)

FULL DAY

Monday-Friday

9:00am to 4:00pm

(AM & PM Care Options Available)

June 29th-September 4th (10 weeks)

- \$20 Administration Fee/Week
- \$200 Family Member/Week
- \$220 Youth Member/Week
- \$240 Non-Member/Week

Sports Camp is the ideal program for young athletes who can't get enough sports and loves healthy competition. Camp includes themed weeks for which sports will be focused on as well as swimming, team building activities, physical education games, and specific skill related sport skills. Our character values and sportsmanship are highly emphasized in which deliver valuable lessons in competitive and non-traditional sports. Campers should wear comfortable clothes with sneakers, bathing suit, towel, sunscreen, bug spray, bagged lunch (no glass or soda please) and plenty of water. We will close out each week by bringing our sports off site with our Field Trip Fridays.

YMCA Players of the Day:

At the end of each day a certificate is awarded to the 4 campers who emphasize the four core values of Caring, Honesty, Respect, and Responsibility.

KIDS CAMP

(Ages 5-8)

FULL DAY

Monday-Friday

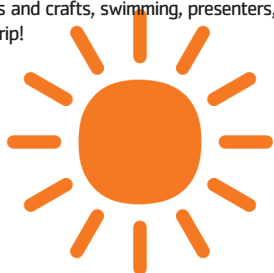
9:00am to 4:00pm

(AM Care & PM Care Options Available)

June 29th-August 28th (9 weeks)

- \$20 Administration Fee/Week
- \$200 Family Member/ Week
- \$220 Youth Member/ Week
- \$240 Non-Member/ Week

For children ages 5-8 who want to experience camp inside our YMCA. Each week campers will enjoy themed activities, arts and crafts, swimming, presenters, and a weekly field trip!



GREEN LAKES CAMP

@ GREEN LAKES STATE PARK

(Ages 6-12)

FULL DAY

Monday-Friday

9:00am to 4:00pm

(AM Care & PM Care Options Available)

June 29th-August 21st (8 weeks)

- \$20 Administration Fee/Week
- \$220 Family Member/ Week
- \$240 Youth Member/ Week
- \$260 Non-Member/ Week

Do you like exploring the outdoors? Learning about our environment? Making life-long friends? Or how about swimming in our beautiful lakes? Well if you do, Green Lakes Camp is the camp for you. Each day our campers will enjoy the gorgeous outdoors while hiking the trails, swimming in the lake and participating in fun filled activities such as group games, arts and crafts, and much more. Every day campers will need to bring sneakers, water bottle, a bagged lunch, bathing suit, towel, water shoes (flip flops, sandals, etc.), sunscreen and bug spray.

MINI EXPLORERS

@ DEWITT COMMUNITY CHURCH

(Ages 2 1/2- 5)

FULL DAY

Monday-Friday

8:00am to 5:00pm

July 6th-August 21st (7 weeks)

- \$20 Administration Fee/Week
- \$200 Family Member/ Week
- \$220 Youth Member/ Week
- \$240 Non-Member/ Week

Our smaller campers will enjoy this introduction to summer camps through exploration and summer learning. This preschool camp includes water day, wacky dress up days, and themed activities that will have them learning throughout the summer and prepping for back to school time!

TENNIS CAMPS

AT THE MANLIUS YMCA 2020

From Beginners to competitive players, we have a camp for you. Whether you are just learning to play or need to further develop match play strategies, this is the place for you. Full day and half day camps are available. These camps will be held outdoors, weather permitting.

Dates of Tennis Camps

Monday – Thursday

June 29 – August 27 (8 weeks)

RACQUET ROOKIES (AGES 6-12):

Monday – Thursday

9:00am-12:00pm Morning Session

Monday-Thursday

1:00pm-4pm Afternoon Session

Tennis sized right for age and ability lets kids play on shorter courts, with appropriate sized racquets, and slower, lower bouncing balls. Participants will be broken up into groups based on age and/or ability.

INTERMEDIATE CHALLENGERS (AGES 12-16):

Monday – Thursday

9:00am-12:00pm Morning Session

Monday-Thursday

1:00pm-4pm Afternoon Session

For intermediate players who have taken tennis classes/lessons before and are now ready to improve their tennis skills. We will work on court positioning and match strategy to help improve your overall game.

POWER HITTERS (AGES 12-17):

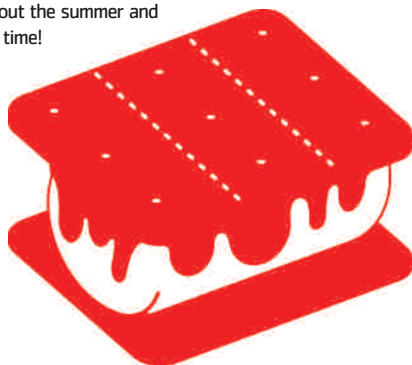
Monday – Thursday

9:00am-12:00pm Morning Session

Monday-Thursday

1:00pm-4pm Afternoon Session

Intermediate and more advanced players will improve technique, learn new strategies and play matches.





BEGIN YOUR BENEFITS TODAY!

Family Memberships also enjoy :

- No fee to upgrade from youth to a family unit
- Free programs: swim lessons, group exercise classes, water fitness, family events, wellness programs, running programs and member only classes
- Free drop-off childcare (Prime Time)
- Access to all 6 YMCA of Greater Syracuse Locations
- Academic Support

YMCA OF CENTRAL NEW YORK

Non-Profit Org.
U.S. Postage
PAID
Fayetteville, NY
Permit #5



HAL WELSH EAST AREA FAMILY YMCA
200 Towne Drive
Fayetteville, New York 13066

Tel 315-637-2025
Fax 315-637-0403

MANLIUS YMCA
140 West Seneca Street
Manlius, New York 13104

Tel 315-692-4777
Fax 315-692-2041

www.ycny.org