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# COMMUNITY LOCAL RESOURCES

You are not alone. Please reach out to one of the resources listed below to find local services and help.

To report child abuse, contact NYS Central Register of Child Abuse & Maltreatment (SCR) at 1-800-635-1522.

## HELPLINE:

### **Darkness to Light**

Darkness to Light is a non-profit committed to empowering adults to prevent child sexual abuse.

**1-866-FOR-LIGHT or text LIGHT to 741741**

[D2L.org](https://d2l.org)

### **Praesidium**

Preventing Abuse, it's Your Call! Are unsure about whether you should make a call to report abuse? What do you do about suspicious interactions? How do you identify risks? How do you respond to an allegation?

**1-855-347-0751**

## MENTAL HEALTH:

### **The Jed Foundation**

**1-800-273-TALK or text START to 741741**

[www.jedfoundation.org](https://www.jedfoundation.org)

**Onondaga County Department of Health**  
**315-435-3355**

**St. Joseph's Mental Health**  
**315-703-2700 (adult & adolescent)**  
**315-703-2800 (child)**

## VICTIM ADVOCACY:

**Vera House, Inc.                      315-425-0818**

## CHILD ADVOCACY CENTERS:

**McMahon Ryan                      315-701-2985**

