

# SUMMER DAY CAMPS FOR GRADES K-7



**STAFF & COUNSELOR TRAINING:** YMCA summer camp staff are carefully selected and receive more than 15 hours of extensive training including: camp policies/procedures, emergency & safety regulations, child abuse prevention, behavior strategies, First Aid & CPR, and tons of creative, fun, age-appropriate programming techniques.

**HEALTH & SAFETY:** The YMCA will consider reasonable accommodations to its policies to allow children to enjoy equal benefits of this program. Contact the YMCA if your child may require accommodations. Summer Odyssey and Camp Horizon are both licensed and inspected twice each year by the Onondaga County Health Department. Inspection reports are on file and can be requested at: Onondaga Co Health Dept. Division of Environmental Health, John H Mulroy Civic Center, 12th floor, 421 Montgomery St., Syracuse, NY 13202

**LEADERS IN TRAINING (LIT):** A supervised leadership development program allowing teens who have completed 7th grade and are not yet 16 years of age to develop and enhance skills. LITs participate in a well-rounded program of leadership development, activity and skills training, conflict resolution strategies, and character education. LITs will attend Orientation, develop personal goals, assist counselors with all activities, work with peers to plan/lead activities, and complete weekly challenges and evaluations.

**COST \$107/WEEK. MUST COMMIT TO MONDAY - FRIDAY FULL DAY SCHEDULE FOR AT LEAST 5 WEEKS OF THE CAMP SEASON.**



## SUMMER ODYSSEY AT NORTHWEST FAMILY YMCA

### HOURS

Summer Odyssey operates from 9:00am - 4:30pm. Extended hours are available if needed in the morning (7:00am - 9:00am) and in the afternoon (4:30pm - 6:00pm) Pre-registration is required for extended hour services.

### FEES

Family Members & Youth Members	\$199/week
Non-Members	\$228/week
AM/PM Extended Hours	\$25/week additional

A non-refundable, non-transferable deposit of \$20/week per child is required at the time of registration. Pricing includes field trip costs. 15% off discount for additional children in family (cannot be applied to extended hours).

### A TYPICAL DAY

7:00am - 9:00am	Extended Hours (Optional)
9:00am - 9:45am	Opening Ceremony / Group Time
9:45am - 10:30am	Activity Period / Swim 1
10:30am - 11:15am	Activity Period / Swim 2
11:15am - 12:00pm	Activity Period / Swim 3
12:00pm - 1:30pm	Lunch & Large Group Activity
1:30pm - 3:30pm	Afternoon Activities Rotation
3:30pm - 4:00pm	Group Time & Reflection
4:00pm - 4:30pm	Closing Ceremony
4:30pm - 6:00pm	Extended Hours (Optional)

#### Activity Rotations Include:

Crafts • Team Building • Camp Traditions • Water Play  
Group Games & Challenges • Drama • Science & Technology  
& other exciting Weekly Theme Activities

### SESSIONS & THEMES

#### WEEK 1 (JUNE 28 - JULY 2): LAND OF OZ

Follow the yellow brick road to the land of Oz where your dreams really do come true. But watch out for those lions, tigers & bears (oh my!).

#### WEEK 2 (JULY 5 - 9): GUESS WHO?

Get ready super sleuths, this week we will solve mysteries just like Sherlock Holmes. We will gather information for scavenger hunts, hidden treasures, make spy glasses, and unearth fossils.

#### WEEK 3 (JULY 12-16): SPACE ODYSSEY

3, 2, 1 Blast Off. A space adventure awaits this week. Let's explore planets, constellations, and UFO's. Some out of this world art projects, and STEAM activities will let us discover the world of outer space.

#### WEEK 4 (JULY 19-23): CASTLES, KINGS & QUEENS

A dragon egg mystery will begin the week- our best knights will find them. We will hold ye olde talent show with lots of jesters & finish the week with a masquerade ball!

#### WEEK 5 (JULY 26-30): NATURE WEEK

Explore the world around us through scavenger hunts outside to unordinary art projects with pinecones, leaves, sticks & more!

#### WEEK 6 (AUGUST 2-6): INTO THE SCIENCE LAB

Let's get messy this week with outrageous STEAM projects. Get your lab coats ready for slime, playdough, and fizzy experiments. The Science Lab will be waiting for you.

#### WEEK 7 (AUGUST 9-13): OPPOSITES WEEK

Red is green and up is down during this topsy turvy week!

#### WEEK 8 (AUGUST 16-20): TROPICAL PARADISE

Escape to a tropical paradise in a week filled with water, sun & fun.

#### WEEK 9 (AUGUST 23-27): CAMP REWIND

Are you sad to see summer end? Did you miss out on a super awesome week? We're going to relive our favorite Summer Odyssey moments in this final week of camp!

**FOR ADDITIONAL DETAILS REGARDING OUR SUMMER DAY CAMPS, PLEASE CONTACT OUR DIRECTOR, CAITLIN ALCOTT AT (315) 303-5966 X210 OR CALCOTT@YMCACNY.ORG.**

