



HOPE & HEAL

Y BREAST CANCER SUPPORT GROUP



Breast cancers survivors are creating connections and support for all in the community who have been diagnosed. We're a safe place where survivors can celebrate their victories, share their stories, journeys, concerns, and discoveries, before, during, and after treatment. Join us as we learn from guest speakers and enjoy special event nights such as art and spa night!

We're coming together for a common goal: to help others.

Hal Welsh East Area Family YMCA

2nd Tuesday of the Month at 6:00pm
8/10, 9/14, 10/12, 11/9, 12/14

Northwest Family YMCA

3rd Wednesday of the Month at 6:30pm
8/18, 9/15, 10/20, 11/17, 12/15

For more information, contact Sue:
smontminy@ymcacny.org

Supporting members of Laurie's Hope and the Central New York community.

YMCA OF CENTRAL NEW YORK

YMCACNY.ORG