



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXPAND YOUR WORLD

Welcoming Week Activity Card

Happy Welcoming Week at the Y!

We're excited you're here to connect with neighbors, both U.S. and foreign-born, and celebrate what unites us all as a community!

Here are **nine fun and easy ways** to expand your perspective and make your community a more welcoming place for all. **How many can you accomplish this week?**

Visit [ymca.net/welcoming-week](https://www.yymca.net/welcoming-week) to find helpful resources (including 'Welcome' sign templates) and share your completed activity card on social media using **#WelcomingWeek**, **#BeCauseY** and **#YforAll**.



Post a selfie on social media with an "I'm a Welcomer" sign.

Learn to say "Welcome" in five different languages.

Try food from another culture at a local restaurant.

Attend a cultural center, festival or music performance in your community.

Strike up a conversation with someone new. (You can use this card as an ice-breaker!)

Support an immigrant-owned business.

Share your family's heritage or immigration story with a friend or new acquaintance.

Find an opportunity to volunteer in your community.

Post a group photo on social media with "We Welcome You" sign.

For a better us.®