



EXPAND YOUR WORLD

YMCA of Central New York | ymcacny.org

WELCOMING WEEK ACTIVITY CARD

NAME

EMAIL

PHONE NUMBER

Learn to say
"Hello" in 5
different
languages

Try a recipe
from another
culture

Play a game
from a different
country

Create a piece of art
inspired from a
culture different
than your own

Take a virtual tour
of a museum and
explore history
from around the
world

Learn something
new about your
family's traditions
or heritage

Complete two
actions that will
make an impact in
your community

Support an
immigrant-
owned business

Listen to world
music or songs
in a foreign
language

Happy Welcoming Week at the Y!

We're excited to connect and celebrate what unites us.

Here are nine fun ways to expand your perspective and make your community a more welcoming place for all.

How many can you accomplish?

Want to learn more about the Welcoming Week movement?

Visit ymca.org/welcoming-week to find helpful resources and learn about what's going on across the country.

If you're participating online, please use hashtags #WelcomingWeek, #YForAll, and #BelongingBeginsWithUs to stay connected.

For a better us.®