



# HAL WELSH EAST AREA FAMILY YMCA

## GYM SCHEDULE

### JANUARY 1ST - JANUARY 31ST

\*\*Schedule subject to change\*\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00pm - 3:00pm <b>Pickup Basketball</b> Court 1	9:00am-9:45am <b>**Group Ex Class**</b> Sport Court 1/2	9:00am-9:45am <b>**Group Ex Class**</b> Sport Court 1/2	9:00am-9:45am <b>**Group Ex Class**</b> Sport Court 1/2	9:00am-9:45am <b>**Group Ex Class**</b> Sport Court 1/2	7:00am - 10:00am <b>Pickup Basketball</b> Court 1	8:00am - 10:00am <b>Pickup Basketball</b> Court 1
9:00am - 12:00pm <b>Pickleball</b> Court 2/3	12:00pm - 3:00pm <b>Pickup Basketball</b> Court 1	10:00am - 12:00pm <b>**Group Ex Class**</b> Court 1	12:00pm - 3:00pm <b>Pickup Basketball</b> Court 1	12:00pm - 3:00pm <b>Pickup Basketball</b> Court 1	9:00am-1:30pm <b>**Jr. NBA League**</b> Court 3	9:00am - 1:00pm <b>Pickleball</b> Court 2/3
12:00pm - 2:00pm <b>**Homeschool**</b> Court 3	9:00am - 12:00pm <b>Pickleball</b> Court 2/3	12:00pm - 3:00pm <b>Pickup Basketball</b> Court 1	9:00am - 12:00pm <b>Pickleball</b> Court 2/3	9:00am - 12:00pm <b>Pickleball</b> Court 2/3	11:30am - 12:30pm <b>**Group Ex Class**</b> Court 1	
	10:15-10:45pm <b>**Kinder Soccer**</b> Court 1	9:00am - 12:00pm <b>Pickleball</b> Court 2/3	10:30-11:00am <b>**Kinder Ninja**</b> Court 3			
	5:15pm-5:45pm <b>**Kinder Basketball**</b> Court 2	5:00pm - 7:45pm <b>**Basketball Academy**</b> Court 2		5:00-5:55pm <b>**Volleyball Academy**</b> Court 3		
	6:00-6:45pm <b>**Soccer Academy**</b> Court 2					
	5:30pm-6:15pm <b>**Group Ex Class**</b> Sport Court 1/2		5:30pm-6:15pm <b>**Group Ex Class**</b> Sport Court 1/2			
3:00pm-5:30pm <b>*TEENS/SACC*</b> Court 3	3:00pm-5:30pm <b>*TEENS/SACC*</b> Court 3	3:00pm-5:30pm <b>*TEENS/SACC*</b> Court 3	3:00pm-5:30pm <b>*TEENS/SACC*</b> Court 3	3:00pm-5:30pm <b>*TEENS/SACC*</b> Court 3		
6:00pm - 9:00pm <b>Volleyball</b> Court 3	6:00pm - 9:00pm <b>Badminton</b> Court 3	6:00pm - 9:00pm <b>**Volleyball League**</b> Court 3	6:00pm - 9:00pm <b>Badminton</b> Court 3		11:00am - 3:30pm <b>Badminton</b> Court 3	
4:00pm-9:00pm <b>**Personal Training**</b> Sport Court 1/2	4:00pm-9:00pm <b>**Personal Training**</b> Sport Court 1/2	4:00pm-9:00pm <b>**Personal Training**</b> Sport Court 1/2	4:00pm-9:00pm <b>**Personal Training**</b> Sport Court 1/2	4:00pm-9:00pm <b>**Personal Training**</b> Sport Court 1/2	3:45pm-6:00pm <b>Volleyball</b> Court 3	

### Hal Welsh East Area Family YMCA

200 Towne Drive  
Fayetteville NY 13066  
# 315-637-2025

### HOURS OF OPERATION

- Mon-Fri: 5:30am-9:00pm
- Sat: 6:00am-6:00pm
- Sun: 8:00am-6:00pm

### NOTES:

- Courts may be used when not otherwise scheduled
- \*\*Indicates Paid Program\*\*