



North Area Family YMCA Aquatics



Lap Swim Schedule *Revised 2/28/25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7 AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	5:30-87AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	6-8:30 AM Lanes 1-4	
7-9 AM: Lanes 1-4 9-9:45 AM: Lanes 1-2 9:45-11 AM: Lanes 1-3	7-9:45 AM: Lanes 1-2 9:45-10:45 AM Lanes 1-3	7-10 AM: Lanes 1-2 10-11:15 AM Lanes 1-3 11:15AM-4:15 PM Lanes 1-4	7-10:30 AM: Lanes 1-2	7-10:45 AM Lanes 1-2	8:30 AM- 9 AM Lanes 1-2 9AM-11:15 AM No Lanes due to swim Lessons	POOL CLOSED FOR Master's Swim: 8-9:30 AM 9:30AM-10:30 AM No Lanes due to Swim Academy 10:30AM-2:30 PM Lanes 1-3
11AM-4:15 PM Lanes 1-4 4:15-6 PM Lane 3 Master's Swim: 6:50-7:50 PM	10:45AM-4 PM Lanes 1-4 4-4:50 PM: Lanes 3-4 4:50-6 PM Lane 3 6-7:45 PM Pool CLOSED for Wave Riders Swim Team 7:45-8:30 PM Lanes 1-4	4:20-5:30 PM Lane 3 5:30-6:50 NO Lanes due to swim lessons 6:50-7:50 PM Masters Swim	*CLOSED FOR MAINTENANCE 3-4 PM* 4-6:15 PM Lanes 1-2 6:15-7:45 PM POOL CLOSED For Wave Riders Swim Team 7:45-8:30 PM Lanes 1-4	10:45 AM-6 PM Lanes 1-4 6:15-7:45 PM Pool CLOSED for Wave Riders Swim Team 7:45-8:30 PM Lanes 1-4	11:15AM-2:30 PM Lanes 1-3 *Please be sure to check posted signs for events that would change this schedule*	*Please be sure to check posted signs for events that would change this schedule* If there is a birthday party or event in the pool, lap lanes drop down to 1 available
		7:50-8:30 PM Lanes 1-4			PLEASE NOTE*** Special Events will impact the number of lap lanes available. Please check posted signs on pool doors. There are limited lap lanes available during swim lessons and swim team practice to ensure the highest quality and safety for our participants.	
7:50-8:30 PM Lanes 1-4						



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Open Swim Schedule *Revised 2/28/25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9AM Shallow and Deep Open	8-10:30 AM: Deep Open	8-8:30 AM Deep Open 8:30-9:15 AM Shallow Open	8-9AM: Deep Open 9-9:45 AM Shallow Open	7:30-8:30 AM Deep Open 8:30-9 AM Shallow Open	6-8:30 AM Shallow and Deep Open 8:30-9 AM: Shallow Open	
9-9:45 AM Shallow Open 9:45-11 AM Deep Open	10:30AM-4:15 PM Shallow and Deep Open 4:15-4:55 PM Shallow Open	11AM-4:15 PM Shallow and Deep Open 4:15-5:30 PM Deep Open	9:45-10:30 AM Deep Open 10:30AM-3 PM Shallow and Deep Open	9:15-10:45 AM Deep Open 10:45-6 PM Shallow and Deep Open 6:15-7:45 PM Pool CLOSED for Wave Riders Swim Team	9-11:15 AM NO OPEN SWIM Due to Swim Lessons 11:15-2:30 PM	Master's Swim: 8-9:30 AM (No open swim)
11 AM-4:15 PM Shallow and Deep Open 4:15-6:50 PM NO OPEN SWIM Due to Swim Lessons Master's Swim: 6:50-7:50 PM (No open swim) 7:50-8:30 PM Shallow and Deep Open	4:55-5:25 PM Deep Open 5:25-7:45 Pool CLOSED for Swim Lessons and Wave Riders Swim Team 7:45-8:30 PM Shallow and Deep Open	Master's Swim: 6:50-7:50 PM (No open swim) 7:50-8:30 PM Shallow and deep Open	*Pool CLOSED for Maintenance 3-4 PM* 4-6:15 PM Shallow and Deep Open 6:15-7:45 PM Pool CLOSED for Wave Riders Swim Team	7:45-8:30 PM Shallow and Deep Open	11:15-2:30 PM Shallow and Deep Open *Please be sure to check posted signs for events that would change this schedule*	9:30AM-2:30 PM: Shallow and Deep Open *Shallow Closed for Swim Lessons 10:15- 10:45 AM* *Please be sure to check posted signs for events that would change this schedule*
<p>Please note: The open swim area may occasionally close for events, birthday parties, etc. Please see signs posted on pool doors. There is NO open swim available during swim lessons and swim team practice to provide the highest quality program, and to keep our participants safe.</p> <p>To Ensure safety at all times, lifeguards and YMCA staff may coordinate swimmers and lane usage. This can include relocating pool users.</p>						

Get With The Band!

Every child (age 0 to 17) in our pool must wear one of three colored wrist bands. The bands give our lifeguards instant information on each child's swimming ability, helping us keep them safe and in the most appropriate swimming areas. Stop at Member services on your way in to get your band!

Need to take a swim test? Grab a swim test card at member services and give it to the lifeguard on Duty. They will be happy to administer the swim test and give your child the appropriate swim band.