As we prepared the Annual Report this year for the YMCA of Central New York, we knew we would be presenting it during a time of great uncertainty. Uncertainty for our organization, for our community and for our nation.

We know that the statistics and financials we will present for 2020 will look very different from 2019 and our organization may look very different, as well.

What this Annual Report reminds us of is how the Y is here to serve. We look at the numbers and we see people and stories. Our community relies on the programs and services of the Y to ensure that we are nurturing the potential of every child and teen, improving the nation’s health and well-being, and giving back and providing support to our neighbors.

And, as we have seen, this need has only increased in 2020.

How will the Y adapt, as we always do, to meet these changing needs? This is our challenge.

And this is why we rely on our members, donors, and engaged leaders to tackle and solve our greatest challenges through impactful philanthropy and deep community engagement.

That is what we see in the numbers and names in our Annual Report: a strong foundation of community that will face the future together.

Together, we’re a better us.

Fran Nichols  
Board President  
Metro Board of Directors

Edwin J. Kelley  
Interim President & CEO  
Metro Board of Directors

On the cover: Children from our Power Scholars Academy walk together in the summer of 2019.
MAKING AN IMPACT

IMPACT BY THE NUMBERS
Here’s a snapshot of just a few of the ways we made an impact in 2019:

Families received more than $32,300 in childcare assistance, serving over 115 children

1636 children participated in day camps throughout the year

181 cancer survivors found hope, strength and support in our programs

$202,000 in support was distributed in our inclusion programs

In 2019, we provided 17,109 people with over $1,872,000 in financial support

11,825 participants in swim lessons learned to be safe around water

13,000 members received financial aid toward their membership

200 people increased their mobility through programs like Enhance Fitness

147 residents found a secure place to call home

1000 students participated in afterschool arts programming

OUR COMMUNITY
At the Y, we measure the success of our cause by how well we engage communities in our three areas of focus: youth development, healthy living, and social responsibility. We’re committed to nurturing potential and strengthening our community, now and forever.

For more than 160 years, we’ve been bringing families, neighbors and friends together in a motivated and fun environment to learn, play and grow.

MEETING NEEDS IN 2019

OVER 60,000 MEMBERS SERVED

WORKING AS A TEAM
140 Policy Making Volunteers
590 Program Volunteers
Over 1400 Staff
Over 3000 Total Donors
For over 160 years, the Y has faced our region’s greatest challenges, providing essential services that build the foundation of community. In the face of the global COVID-19 pandemic, the Y continued to respond.

We immediately made sure our child care operations continued to provide support to the essential workers of our community.

Our residence continued to operate around the clock to provide housing and support for the men and seniors who call the Y home.

Members and volunteers donated their time and energy to make masks and quilts for our residents and keep our food pantry stocked.

We reached out to members through wellness checks and virtual programming to help combat social isolation maintain a healthy mind, body and spirit, even from home.

As we moved through the year, we worked to make more services available, including camp for children and families in need of child care throughout the summer.

Our strong foundation of community will face the future together, because we know together, we’re a better us.
FINANCIAL HIGHLIGHTS

2019 REVENUE
- Contributions $888,050
- Membership $12,528,933
- Fees & Grants $3,546,478
- Program Fees $7,104,718
- Other $1,302,955
**TOTAL REVENUE** $25,371,134

2019 EXPENSES
- Salaries & Wages $12,307,199
- Benefits & Taxes $2,378,288
- Contract Services $1,230,804
- Supplies, Telephone & Postage $1,489,368
- Occupancy $1,695,744
- Financing $1,092,267
- Depreciation $1,811,118
- Other $1,295,669
**TOTAL EXPENSES** $23,300,457

Change in Net Assets $2,070,677
Total Assets $48,774,789
Total Liabilities $23,027,340
Net Assets $25,747,449
THANK YOU TO OUR 2019 HEROES

At the Y, we work side by side with our neighbors to make sure that everyone – regardless of age, income or background – has the opportunity to learn, grow and thrive. Our work wouldn’t be possible without our donors.

We’re especially grateful to those who made leadership gifts of $1,000 or more, joining a circle of supporters founded in 2005 to honor the memory of Dick Besse, a philanthropist and long-standing leader of the YMCA of Central New York. Over several decades, Dick gave generously to advance our cause: to strengthen community.

Advantage Sport Fitness, Inc.
The Alder Family
Jason Allers
The Allyn Family Foundation
American Food Vending Corp.
The Amos Family
Jennifer and Bill Anninos
Andre and Maya Anthony
Hernando Y. Arandia
Aroha Philanthropies
Leigh and Susan Baldwin
Ed Barno
Kevin and Lauri Bernstein
Jim and Juli Boeheim Foundation
Bond, Schoeneck & King, LLP
The Bonomo Family
William H. Bradt
Mike and Laura Brown
Mary and Bill Butler
Kelly Butters & Family
Kelly and Chris Carinci
Judy Carr
Steve Case – Acropolis Realty Group
Century Heating Air Conditioning
City of Syracuse
Lawrence Clark
Drs. Valerie and Michael Clarke
CNY Community Foundation
Columbus Foundation
Comfort Systems USA
Comm. Connection
Communications of NY
Community Development Block Grant
Richard E. Cote
Rick and Lisa Cote
Dr. Ruben and Mrs. Evelyn Cowart
Mac Cummings
Meg Davis
Delta Airlines
Vita DeMarchi
Jessica and Scott DesRosiers
Richard deVito
Lori Dietz and Ron Westbrook
Donald and Kathleen Distasio
Kathleen Drescher
The Drescher Family
Dunn Tire Mountain Goat Run
The Eaton Family
Empire State Supportive Housing Initiative
Paula Mallory Engel
Ed and Lee Eppebracht
Alexandra Epsilanty and Daniel Jonas
Mr. and Mrs. Anthony R. Farella
FASTSIGNS of Syracuse
John and Mary Jane Fennessey
Dwight and Alison Fischer
Mary and Joe Flynn
Kenneth Foresti
John and Jennifer Funiciello
G&C Food Distributors and Brokers, Inc.
Robert Gale
Edgar Galson
The Gamage Family in memory of John Gamage
Golden Sun Bus Service, Inc.
Amy Grabowski
Cindy Dowd Greene and Mark Greene
Greenfield/Cricket Wireless
Tom and Kelly Griffith
Sam and Deb Haines
Dick and Liz Haines
Thomas Hamel
Hancock Estabrook, LLP
The Hawkes Family
The Hayes Family
Haylor, Freyer & Coon, Inc.
Beverly Hays
Hematology-Oncology Associates
Kaye Hershberger Memorial Fund
Doris Hildebrandt
Hill & Markes Inc.
Dave and Ann Horan
Bob and Kay Hornaday
Hueber Breuer Foundation Fund
Independent Insurance Agents of CNY
Irish-Millar Construction, Inc.
Mr. and Mrs. Bruce K. Irvine
Shawn and Brenda Jacobs
Elaine and Steven Jacobs
Dr. Ralph Janicki
Mary and Hans Jensen
Tom and Corinne Johnston
JTM Associates, LLC
Just the Right Stuff
Arthur A. Jutton
Ed and Susan Kelley
Tess Kenney
Mike Kerwin
Russell A. King
King & King Architects, LLP
Sandra and John Kinsella
George Kirkpatrick
Ted and Linda Kiteveles
Kohl’s National Giving Program
Kris-Tech Wire
Dr. Gordon Kritzter and Nancy Case Kritzer
Fritz Kucinski and Barbara Omicinski
Hector Landron
Mary and Tom Lane
Jill and Ray Lawlor
Ami S. Longstreet
Linda Lowen
Rich and Rita MacDonald
The Madden Family: Chris, Alex and Sutton
Carol Manville – In Memory of Dick Manville
<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tom and Val Manzo</td>
<td>Rockbridge Investment</td>
</tr>
<tr>
<td>Carol and Nick Marsella</td>
<td>Rotary Club of Dewitt, Inc.</td>
</tr>
<tr>
<td>Candace and John Marsellus</td>
<td>Cary Rueppel</td>
</tr>
<tr>
<td>Charles Martin and Johanna Keller</td>
<td>The Saint Agatha Foundation</td>
</tr>
<tr>
<td>Massage Envy</td>
<td>Bob and Toni Salisbury</td>
</tr>
<tr>
<td>Anne and Kemper Matt</td>
<td>Ruth and Stuart Schwartz</td>
</tr>
<tr>
<td>Michael and Marilouise Mattson</td>
<td>SECNY Federal Credit Union</td>
</tr>
<tr>
<td>George and Tanya McGuire</td>
<td>Thomas Sharkey</td>
</tr>
<tr>
<td>Jack Mcloughlin</td>
<td>Frank Smith</td>
</tr>
<tr>
<td>Wallace and Nancy Memmer</td>
<td>Janet and Rick Smith</td>
</tr>
<tr>
<td>Phil Memmer and Michelle Reiser-Memmer</td>
<td>The Jon Ben Snow Foundation</td>
</tr>
<tr>
<td>Anne Menter</td>
<td>Joseph and Patricia Snyder</td>
</tr>
<tr>
<td>Andy and Kristie Meyer</td>
<td>George and Rita Soufleris</td>
</tr>
<tr>
<td>Beth and Tim Monaco</td>
<td>Vincent Spina</td>
</tr>
<tr>
<td>Erin Mooney</td>
<td>Walter and Olga Stanton</td>
</tr>
<tr>
<td>Erica and James Muscatello</td>
<td>Jennifer Stapleton</td>
</tr>
<tr>
<td>Mark and Karen Nardella</td>
<td>Pam Stinson – In Honor of Joe Stinson</td>
</tr>
<tr>
<td>National Grid</td>
<td>Donna Stoner and George Cady</td>
</tr>
<tr>
<td>NBT Bank</td>
<td>The Sweet Family</td>
</tr>
<tr>
<td>New York 21st Century Community Learning Centers</td>
<td>Sweet Frog Fayetteville</td>
</tr>
<tr>
<td>New York State Council on the Arts</td>
<td>Syracuse City School District</td>
</tr>
<tr>
<td>Paul and Lesley Newman</td>
<td>Syracuse Orthopedic Specialists</td>
</tr>
<tr>
<td>Sally Lou and Fran Nichols</td>
<td>Syracuse University</td>
</tr>
<tr>
<td>Tracey Noble</td>
<td>The Szatkowski Family</td>
</tr>
<tr>
<td>The Nocevski Family</td>
<td>George and Jane Tartick</td>
</tr>
<tr>
<td>NYS Alliance HEPA</td>
<td>The Palmer Morgenthien Family</td>
</tr>
<tr>
<td>One Group</td>
<td>Thompson &amp; Johnson Equipment Co.</td>
</tr>
<tr>
<td>Onondaga County</td>
<td>Winthrop Thurlow</td>
</tr>
<tr>
<td>The Osgood Family</td>
<td>Morgan Thurston</td>
</tr>
<tr>
<td>Pachmayer Plumley Family</td>
<td>Transitional Living Services</td>
</tr>
<tr>
<td>Rob and Roxanne Parmele</td>
<td>George and Barb Tremiti</td>
</tr>
<tr>
<td>Robert and Kelly Pelcher</td>
<td>Upstate Chiropractic</td>
</tr>
<tr>
<td>Johonna and Drew Pelletier</td>
<td>The Upstate Foundation</td>
</tr>
<tr>
<td>John and Linda Pennisi</td>
<td>US Dept. of Housing &amp; Urban Development</td>
</tr>
<tr>
<td>Alberta Pepin</td>
<td>Victor and Kelly Vaccaro</td>
</tr>
<tr>
<td>Philadelphia Insurance Companies</td>
<td>Virtucom Group</td>
</tr>
<tr>
<td>Nicholas Phillips and Dr. Juanita M. Welnicki, MD</td>
<td>Steve and Cheryl Walker</td>
</tr>
<tr>
<td>Shelbi Pisciario</td>
<td>Tim Wayne</td>
</tr>
<tr>
<td>Precor</td>
<td>Wegmans</td>
</tr>
<tr>
<td>Tony and Julie Procopio</td>
<td>WellNow</td>
</tr>
<tr>
<td>James Pulaski</td>
<td>Geoff Wells</td>
</tr>
<tr>
<td>Cheryl and Alex Pusztai</td>
<td>Hal and Pat Welsh</td>
</tr>
<tr>
<td>Michael and Vicki Quigley</td>
<td>WestRock</td>
</tr>
<tr>
<td>REACH CNY, Inc.</td>
<td>Courtney Wilson</td>
</tr>
<tr>
<td>Scott &amp; Katie Reinhardt</td>
<td>Aaron and Jennifer Wood</td>
</tr>
<tr>
<td>Frank and Frances Revior Foundation</td>
<td>In Honor of Dr. Les Woodcock</td>
</tr>
<tr>
<td>Elizabeth Riker</td>
<td>Stuart Wright</td>
</tr>
<tr>
<td>Alicia and Matthew Roberson</td>
<td>YMCA of the USA</td>
</tr>
<tr>
<td>Mara Mulligan Roberts</td>
<td>Anonymous (7)</td>
</tr>
<tr>
<td><strong>HERITAGE CLUB</strong></td>
<td><strong>Anonymous</strong></td>
</tr>
<tr>
<td>Anonymous</td>
<td>Lou and Mark Bitz</td>
</tr>
<tr>
<td>Lou and Mark Bitz</td>
<td>Raymond D’Agostino</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Richard Davis</td>
<td>Mr. &amp; Mrs. Robert Fiske</td>
</tr>
<tr>
<td>Mr. Robert Ford</td>
<td>Mr. &amp; Mrs. Chris Frye</td>
</tr>
<tr>
<td>Cynthia Dowd Greene &amp; Mark Greene</td>
<td>Dick Hallberg</td>
</tr>
<tr>
<td>Ann &amp; Dave Horan</td>
<td>Mary &amp; Tom Lane</td>
</tr>
<tr>
<td>Mary &amp; Tom Lane</td>
<td>Ms. Anne G. Lloyd</td>
</tr>
<tr>
<td>Robert Penney</td>
<td>Robert Penney</td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Philip Pond</td>
<td>Mr. &amp; Mrs. Philip Pond</td>
</tr>
<tr>
<td>George &amp; Rita Soufleris</td>
<td>Mr. Charles S. Togias</td>
</tr>
<tr>
<td>Mr. Charles S. Togias</td>
<td>C. Bruce Wichmann</td>
</tr>
</tbody>
</table>
METRO BOARD
Kevin Bernstein
Bill Bradt
Judy Carr
Rick Cote
Lee DeAmicis
Rich DeVito
Cindy Dowd Greene
Paula Mallory Engel
Dwight Fischer
Maarten Jacobs
Daphene Johnson
Robert Markowski
Anne Matt
Michael Mattson
Kevin Nass
Fran Nichols
Roxanne Parmele
Kelly Pelcher
Tony Procopio
Thomas Sharkey
Winthrop Thurlow
Victor Vaccaro
Geoffrey Wells

DOwNTOWN YMCA
BJ Adigun
Elizabeth Allen
Bill Butler
Lori Dietz
Kate Drescher
Mathew Fox
Leila Giancone
Bethany Holbrook
Christopher Madden
Tom Manzo
Robert Markowski
Matt Read
Scott Reinhardt
Rebecca Shultz
Ellen Schwartz
Joseph Stanley
Jennifer Stapleton
Wenona Timmons
John Warren
Courtney Wilson
Aaron Wood
Monique Wright-Williams

TRUSTEES
Richard Cote
Raymond D’Agostino
Maureen Drescher
Joe Flynn
Victor Hershendorfer
Robert L. Jokl, Jr.
Edwin J. Kelley, Jr.
Russell King
Dick Lowenberg
Kevin Nass
Nicholas J. Phillips
Vito Sciscioli

ARTS BRANCH
Judy Carr
Eric Evans
Leonard Fonte
Roger Cunningham Hailstork
Linda Lowen
Charles Martin
Sarah Ruhlen
Mike Seperack
Carol Terry
Sonya Stith Williams

HAL WELSH EAST AREA YMCA
Rich DeVito
Matthew R. Eaton
Pat Ethols-Floyd
Paula Mallory Engel
Mike Kerwin
Jim King
Ami Setright Longstreet
George McGuire
Andy Meyer
Joe Porcello
Kris Reece
Robert Richie
Ruth Schwartz
Maria Trexler
Maryam Wasmund
Patricia Woodcock

NORTH AREA FAMILY YMCA
Dan Bowles
Bill Bradt
Matt Bulger
Amy Dupell
Bill Fallon
Timothy Graham
Natalie Lattanzio
Brian Osgood
Huda Suliman
Brooke Wears
Geoffrey Wells

NORTHWEST FAMILY YMCA
Kevin Alder
Jennifer Anninos
Steve Case
Rob Didio
Don Distasio
John Funicello
Beth Greene Monaco
David Horan
Bob Hornaday
Corinne Johnston
Jill Lawlor
Erica Muscatello
Roxanne Parmele
Kelly Pelcher
Johonna Pelletier
Morgan Thurston

MANLIUS YMCA
Susan Baldwin
Chuck Beeler
Jon Brodock
Mary Currell
Diane Finnegan
Mary Jensen
Anne Matt
Tracey Noble
Molly Ryan
Vic Vaccaro

YMCA APARTMENTS
Mary Beth Frey
Robert Jokl, Jr.
Thomas Kamide
Edwin Kelley
Winthrop Thurlow
Raymond Wright

LOCATIONS

DOWNTOWN SYRACUSE YMCA
Syracuse, NY

NORTH AREA FAMILY YMCA
Liverpool, NY

MANLIUS YMCA
Manlius, NY

HAL WELSH EAST AREA FAMILY YMCA
Fayetteville, NY

NORTHWEST FAMILY YMCA
Baldwinsville, NY

SOUTHWEST YMCA
Syracuse, NY

ARTS BRANCH YMCA
Syracuse, NY

CAMP IROQUOIS
Manlius, NY

YMCA OF CENTRAL NEW YORK
340 Montgomery St, Syracuse, NY 13202
315.474.6851 • ycny.org